

Name: \_\_\_\_\_ DOB: \_\_\_\_\_ Date: \_\_\_\_\_

Provider: Vanessa Kent, LMFT, LPCS, NCC

**Please INITIAL beside the following:**

\_\_\_\_ I have read the attached Professional Disclosure statement for Vanessa Kent, LMFT, LPCS, NCC, an employee of LifeCare Counseling and Coaching.

\_\_\_\_ I acknowledge receipt of a copy of the Notice of Privacy Practices.

\_\_\_\_ I hereby request professional services from this professional. I understand the first one or two visits are for evaluation purposes and are not a guarantee of further treatment. If ongoing treatment at this office is indicated and mutually agreeable then a treatment plan will be agreed upon at the end of the evaluation.

\_\_\_\_ (Optional) I am willing to allow an intern to sit in on our sessions in that I understand that a mission of LifeCare is to train and license future counselors.

**Financial Responsibility**

\_\_\_\_ I hereby unconditionally guarantee payment to LifeCare Counseling and Coaching for all costs, charges and expenses incurred by said client at this office, unless separate arrangements are agreed upon in writing. I agree to have my credit card number on file for payment and authorize that card to be used to cover any unpaid balances.

\_\_\_\_ I also agree to pay a service charge of \$40.00 for any checks that are returned unpaid. I understand if the client balance for services provided is not paid within thirty days of billing date, the amount due will be deemed delinquent.

**Insurance/Third Party Payment**

\_\_\_\_ I understand it is my responsibility to inform the office of any changes in my insurance, prior to the effective date of the change and accept financial responsibility for any office charges that were incurred prior to this date.

\_\_\_\_ If I have third-party reimbursement, I understand it is only for the services they have agreed to cover. I understand that any additional services I desire are being provided outside this insurance arrangement, and I accept full financial responsibility for these services.

\_\_\_\_ I certify the following information to be accurate: (Check **one** below)

\_\_\_ 1) **No Insurance.** I have no insurance, or request that no insurance claims be filed by the office. I will accept full financial responsibility for any services the office provides.

\_\_\_ 2) **Using Insurance, but Out of Network.** I have insurance/third party coverage with:

\_\_\_\_\_. I understand there is not a contract between this payer and the office for this provider’s services. I accept financial responsibility for my bill regardless of whatever action my insurer takes. I request that claims be files with this carrier and authorize the office to provide whatever medical information is required by the carrier for the processing of the claim. I also assign benefits directly to the office.

\_\_\_ 3) **Contract with Insurance/In-network.** I have insurance/third party coverage with:

\_\_\_\_\_. I understand there is a contract between this payer and the office for this provider’s services. I accept responsibility for any deductibles and co-payments specified by this contract. I request that claims be filed with this carrier and authorize the office to provide whatever medical information is required by the carrier for the processing of the claim. I also assign benefits directly to the office. I accept financial responsibility for any services I desire that are not covered by my insurer.

\_\_\_\_\_  
Client

\_\_\_\_\_  
Date

\_\_\_\_\_  
Legally Responsible Person

\_\_\_\_\_  
Date

\_\_\_\_\_  
Provider

\_\_\_\_\_  
Date

**Vanessa Kent, LMFT, LPCS, NCC  
Professional Disclosure Statement**

**Credentials**

Bachelor in Special Education, University of West Florida, 1981  
M.A. Psychology, University of West Florida, 1985  
Marriage and Family Therapist, NC License No. 1129  
National Board of Certified Counselors, Certification No. 29352  
LPCS, N.C. Board of Licensed Professional Counselors, License No. S9900, since 03/01/2013

**Professional Experience and Services**

Includes child/adolescent therapy, ADHD evaluations and treatment, post-traumatic stress disorders, depression and anxiety disorder, eating disorders, couples therapy, pre-marital counseling, divorce recovery and women’s issues.

**Fee Schedule**

Initial Intake/Psycho-social 55-60 min (90791) .....	\$120 (only this may be covered by insurance)
Psychotherapy 55-60 min (90837) .....	\$120 (only this may be covered by insurance)
Family/Couple Session 55-60 min .....	\$120
ADHD Assessment w/written report .....	\$350
Other Testing: priced individually	
No-Show .....	Full Fee
Late-Cancellation .....	One-half of full fee
Telephone Consultation .....	Based on time required
Reports and Letters .....	Based on time required
Photocopying .....	Based on number of pages
Court Preparation/Apearances .....	\$200 an hour

**Payment, Insurance Reimbursement, and Problem Resolution**

It is our policy to receive payment for services at the time they are provided. Cash, personal checks, credit and debit cards are acceptable forms of payment. As a convenience to you, we will file your claim with your insurance company. If you are unable to keep an appointment, please call to cancel the business day prior 24 hours before your appointment. Less than that will be considered a late- cancellation. No call or not coming to your appointment will result in a No-show fee. No-show and late-cancellation fees are listed above.

In surveying other practices in the area, our fee of \$120 per session is in line or below the prevailing rates for professional licensed psychotherapy services. At LifeCare, we are committed to provide you with excellence in Christian counseling. Our counselors are well-trained, board certified, and experienced in dealing with a wide variety of needs. We sincerely appreciate the opportunity to help you with your current concerns.

We are in-network providers with Blue Cross Blue Shield of North Carolina, except for Blue Local plans. Some of our providers are also in-network with United Healthcare and Cigna, but not all. Please check with your therapist regarding whether they are in-network for your plan. Please be aware that some insurance companies contract mental health benefits out to a different insurer who may be out-of-network. Your insurance company can confirm your benefits.

We are out-of-network providers for all other insurance plans. As a convenience to you we will make every effort to file a claim on your behalf. If we are not able to file the claim we will provide you with the appropriate forms so you may file the claim yourself. We ask for the full fee at the time of service, then file the claim and assign payment of any benefits to come directly to you personally. We are not accepted providers for Medicaid or Medicare.

If you are dissatisfied with any aspect of the services provided by me, please inform me so that we can address your concerns. If we cannot come to a satisfactory resolution, you may speak further with me or with Maria Lyons, Office Manager. If after doing so you are still dissatisfied, you may contact the NCBLPC at P.O. Box 77819, Greensboro, NC 27417 or by phone at 844-622-3572.

**COURT PREPARATION/APPEARANCES:**

If you become involved in legal proceedings that require my participation, you will be expected to pay for all of my professional time, including preparation and transportation costs, even if I am called to testify by another party. Because of the difficulty of legal involvement and clinical schedule readjustments, I charge \$200 per hour for preparation and attendance at any legal proceeding. (You will be held responsible for payment for the professional time required even if I am compelled to testify by another party. An agreed upon amount will be rendered *in advance* and held in escrow. Any leftover amounts will be returned to you upon resolution of the legal matter.)

**CONFIDENTIALITY**

The confidentiality of your personal health information is very important to us. We may use and disclose your personal information without authorization for the following purposes: abuse, neglect, domestic violence, or court order.

As required or permitted by law, we may disclose health information about you to a state or federal agency to report suspected abuse to self or others, neglect, domestic violence, or court order. If such a report is optional, we will use our professional judgment in deciding whether or not to make such a report. If feasible, we will inform you promptly that we have made such a disclosure.

Minors and Disabled Adults

When working with clients who are minors or adults who are legally incapable of giving consent, I will obtain consent from a parent or legally authorized representative. For children who are clients, it will be determined the extent that he or she has an understanding of privacy based on chronological age and cognitive ability. If the child has no concept of privacy, then I am free to share information with parents without informing the child first.

Pre-adolescents and adolescents will be seen on an "informed forced consent" in that information will be handled as confidential, but it is up to the therapist to decide what information is pertinent to share with the parents. Sometimes it is in the best interest of the minor client not to disclose all information to the parents that the child shares with the therapist so as to strengthen the therapeutic alliance and work through issues with the minor. Parents of the minor will be given updates of progress of goals and treatment plans on a scheduled basis. When it is determined that information should be shared for therapeutic reasons or as part of family counseling, the client will be informed and consulted and/or included in sharing the information to the parents or guardians. This of course, is superseded by any of the exceptions of confidentiality (danger to self or others, abuse, or court order) as stated in the above paragraph.

When working with two or more persons who have a relationship such as in a group, family or marriage, I will clarify at the outset who is the primary client as an individual or family unit. I will not share confidences by one family or group member to others outside the family without permission or prior agreement of all members except described in legal exceptions of threat of serious harm to self or others as described above in paragraph one.

Marriage Counseling

With couples specifically, my counseling work will focus on both your relationship and each of you as individuals. In order to maintain fidelity to both of you and your relationship, it is important that we agree on these policies:

- 1) I may share any information conveyed to me by either of you with the other member of the couple. Please do not expect me to keep secrets where doing so jeopardizes the therapeutic work or my relationship with either of you or your relationship. Please be aware that information you choose to share with me that is particularly pertinent to both of you may come out in therapy. This includes all verbal, written and phone conversations and messages.
- 2) If I meet with one or both of you in an individual session, we will likely share the contents of that meeting with the partner in a couples' session in the near future.
- 3) The continued participation by each person is voluntary. Either participant may suspend or terminate the therapy at his or her individual request. At that time, client confidentiality remains solely with the client who is continuing therapy.

At times, I also may receive peer supervision from other counselors at LifeCare Counseling and Coaching without revealing any of your identity, so as to help me serve you better in counseling.

Please see "Notice of Privacy Practices" for more detailed information about confidentiality of service and records.

\_\_\_\_\_  
Client

\_\_\_\_\_  
Date

\_\_\_\_\_  
Counselor

\_\_\_\_\_  
Date